July 18th
Annual Family Day Outing

Come join us for our annual Family Outing for a day of fun in the sun for you & your family!

PLEASE RSVP NO LATER THAN WEDNESDAY, JULY 15th!!

Register online at: www.pcea-catawbavalley.org
UPCOMING PCEA EVENTS

July 18th — Annual Family Day Outing

August 13th — Annual Steak on the Lake

September — Annual Kenneth N. Houston Memorial Golf Tournament

October 8th — Monthly Business Meeting

HEALTH & HAPPINESS

Please send any Health & Happiness to Randall Williams, Mid-State Contractors
randallwilliams@midstatecontractors.net

Heat Stress

Know the signs and symptoms of Heat Stress:
- Dizziness
- Headache
- Weakness
- Rapid Heartbeat
- Nausea
- Cramps
- Chest Pain
- Labored Breathing

If possible, stay out of the sun.

When the weather is hot, avoid caffeine.

COOL DOWN, whenever possible.

Wear loose, breathable clothing such as cotton. If you must work in the sun, wear hats and use sun screen.

Maintain proper hydration. Drink small amounts of water frequently. Avoid feeling thirsty.
ANNUAL FAMILY OUTING!!!

Saturday, July 18th, 2015
The Family Outing will be at
River Bend Clubhouse
(River Bend is behind the WalMart on
Hwy 321 North, in Granite Falls)

The festivities will start at 12:00 PM (with food being served at 3:00)
and end at 10:00 PM.

There will be Music, Water Volleyball, Corn-Hole, a Slip-N-Slide for the Kids & the
'Young at Heart', and lots of other fun-filled activities!

This event is FREE for members and their families, HOWEVER - PLEASE
REGISTER yourself & your guests, to ensure we have enough food for
everyone!!

Please contact Will Clayton with any questions!!

Phone: 828-455-3456

Email: wclayton@cvet.co
North Carolina’s May Employment Figures Released

RALEIGH — The state’s seasonally adjusted May unemployment rate was 5.7 percent, increasing 0.2 of a percentage point from April’s revised rate. The national rate increased 0.1 of a percentage point to 5.5 percent.

North Carolina’s May 2015 unemployment rate was 0.6 of a percentage point lower than a year ago. The number of people employed increased 16,769 over the month to 4,498,193, and increased 158,939 over the year. The number of people unemployed increased 12,627 over the month to 272,663, and declined 19,275 over the year.

Seasonally adjusted Total Nonfarm industry employment, as gathered through the monthly establishment survey, increased 10,400 to 4,243,200 in May. The major industry with the largest over-the-month increase was Education & Health Services, 2,800, followed by Construction, 2,400; Leisure & Hospitality Services, 2,300; Manufacturing, 1,800; Government, 1,500; Professional & Business Services, 1,500; Information, 700; Financial Activities, 500; Other Services, 400; and Mining & Logging, 200. The only major industry experiencing a decrease was Trade, Transportation & Utilities, 3,700.

Since May 2014, Total Nonfarm jobs gained 108,800 with the Total Private sector growing by 109,400 and Government decreasing by 600. The largest over-the-year increase among major industries was Professional & Business Services at 23,200, followed by Leisure & Hospitality Services, 17,000; Trade, Transportation & Utilities, 15,700; Construction, 15,600; Education & Health Services, 14,500; Manufacturing, 12,000; Financial Activities, 4,600; Other Services, 4,300; and Information, 2,500. The only major industry experiencing a decrease over the year was Government, 600. Mining & Logging employment remained unchanged.

_Info found on the NC Employment Commission Website 6-22-15_
Board of Directors Meeting Dates
(Please Save these Dates)

June 24th
July 29th
August 26th
September 30th
October 28th

PCEA - Catawba Valley Chapter
PO Box 547
Hickory, NC 28603